

Symbol Guide
) = Mildly Spicy)) = Medium Spicy))) = Very Spicy
)))) = Are you sure?
 (V/VE) = Vegetarian/Vegan (V) = Non Meat Option (V) = containing fish or fish products
 No Monosodium Glutamate (MSG) is used in any of our cooking

Non-Meat / Vegetarian Dishes
 (Do not include rice unless stated, applies to take away only)

| | Take Away | Eat In |
|--|-----------|--------|
| 37. Tod Man Pla (V) (V) £4.25 / £4.75 Spicy Thai Fish Cakes served with a Sweet and Spicy Sauce | | |
| 38. Po Pia Tod (V) £4.25 / £4.75 Crispy Thai style Spring Rolls filled with Glass noodles and Vegetables. Served with a Sweet Plum Sauce. | | |
| 39. Tom Kha Jai (V/VE) £4.25 / £4.95 Creamy Coconut Soup with Tofu, Lemongrass, Mushroom and Tomatoes. | | |
| 40. Tom Yam Kung))) (V) (V) £4.95 / £5.95 Spicy Tiger Prawn Soup with Mushrooms, Tomatoes and Lime Juice. | | |
| 41. Pla Kung)) (V) (V) £5.95 / £6.95 Thai Prawn Salad with Shallots, Lemongrass and Spring Onion. | | |
| 42. Yam Kung Yai))) (V) (V) £6.95 / £7.95 Spicy Thai Tiger Prawn Salad with Cucumber, Tomatoes and Lime Juice | | |
| 43. Yam Woonsen Jai (V/VE) £5.25 / £6.25 Glass Noodle Salad with Cucumber, Tomatoes, Mushroom and Lime Juice | | |
| 44. Gang Kiow Wan Jai (V) (V) £5.95 / £8.85 Green Curry with Coconut Milk, Tofu, Potatoes, Green Beans, Bamboo and Bell Peppers. Includes Rice | | |
| 45. Gang Ped Jai))) (V) (V) £5.95 / £8.85 Red Curry with Coconut Milk, Tofu, Mushrooms, Green Beans, Bamboo and Chillies. Includes Rice | | |
| 46. Gang Gali Jai (V/VE) £5.95 / £8.85 Yellow Curry with Coconut Milk, Tofu, Cauliflower, Potatoes, Onions and Bell Peppers. Includes Rice | | |
| 47. Gang Baa Jai))) (V) (V) £5.95 / £8.85 Jungle Curry with Bamboo, Tofu, Green Beans, Baby Corn, Bell Peppers, Ginger and Chillies. Includes Rice | | |

| | | |
|---|--|--|
| 48. Phad Pac Ruam (V/VE) £4.25 / £4.25 Stir Fried Mix Vegetables with Garlic | | |
| 49. Kow Phad Pac (V) £4.95 / £6.95 Vegetable Fried Rice with Tofu | | |
| 50. Phad Thai (V) £5.25 / £7.25 Noodles Stir Fried with Tomato Sauce, Egg, Beansprouts, Green Beans and Spring Onions | | |
| 51. Lat Naa Jai (V/VE) £5.95 / £7.95 Noodles with Cauliflower, Tofu, Mushrooms and Baby Corn in a Thai Gravy Sauce | | |
| 52. Phad King Jai (V/VE) £5.95 / £8.85 Stir Fried Ginger with Broccoli, Tofu, Spring Onions, Mushrooms and Bell Peppers. Includes Rice | | |
| 53. Phad Galam (V) £4.25 / £4.25 Thai style stir fried Cabbage with Egg & Garlic | | |
| 54. Phad Broccoli (V/VE) £4.25 / £4.25 Thai style stir fried Broccoli with Garlic in Oyster flavoured Sauce | | |
| 55. Phad Key Mow Jai))) (V/VE) £5.95 / £7.95 Stir Fried Spicy Noodles with Tofu, Mushrooms, Baby Corn, Green Beans, Onion and Thai Basil | | |
| 56. Phad Prig Jai (V/VE) £5.95 / £8.85 Stir Fried Mushrooms, Onions, Tomatoes, Spring Onions and Chillies with Tofu. Includes Rice | | |
| 57. Phad Nam Prig Pao Jai (V) (V) £4.65 / £4.95 Mix Vegetables Stir Fried in Roasted Chili Paste | | |
| 58. Phad Prig Gang Jai))) (V) (V) £4.65 / £4.95 Stir Fried Mixed Vegetables in a Spicy Curry Sauce. | | |
| 59. Phad See U Jai (V) £5.95 / £7.95 Stir Fried Noodles with Egg, Tofu, Cabbage, Spring Onions and Beansprouts. | | |
| 60. Tom Yam Jai))) (V) (V) £4.25 / £5.25 A Spicy and Sour Soup with Tofu, Lemongrass, Mushrooms and Tomatoes. | | |

If dishes state they include rice, it refers to take away only

We are open for lunch Mon - Sat 12pm - 12pm (closed weds lunch)
 Open every night - 5.30pm - 11pm (11pm Fri & Sat)

MasterCard, Visa, Maestro

Lunch Specials and Happy Hour Specials
 (5:30-6:30) Just £5.75

THE TEMPLE THAI Restaurant Ulverston

Delicious, authentic Thai food
 (Takeaway service available)

We are open for lunch Mon - Sat 12pm - 12pm (closed weds lunch)
 Open every night - 5.30pm - 11pm (11pm Fri & Sat)

1 Cavendish Street, Ulverston LA12 7AD
 (in between Glaxo Social Club and the World Peace Cafe)

Tel: 01229 580566
www.themplethai.com

Symbol Guide
) = Mildly Spicy)) = Medium Spicy))) = Very Spicy)))) = Are you sure?
 N.B. Our food is cooked to authentic Thai recipes and dishes that show a 'Very Spicy' symbol are exactly that - Very Spicy!
 No Monosodium Glutamate (MSG) is used in any of our cooking

Starters and Soups

| | Take Away | Eat In |
|---|-----------|--------|
| 1. Tod Man Pla £4.25 / £4.75 Our very own home made Spicy Thai Fish Cakes served with a Sweet and Spicy sauce. | | |
| 2. Peak Guy Tod £4.25 / £4.25 Deep Fried Marinated Chicken Wings served with a Sweet and Spicy Sauce. | | |
| 3. Po Pia Tod £4.25 / £4.75 Our very popular home made Crispy Thai style Spring Rolls served with a Sweet Plum sauce. | | |
| 4. Tom Kha Guy £4.25 / £4.95 Creamy Coconut Soup with Chicken, Lemongrass, Mushrooms and Tomatoes | | |
| 5. Tom Yam Kung))) £4.95 / £5.95 Spicy Tiger Prawn Soup with Mushrooms, Tomatoes and Lime Juice. | | |

Thai Salads

| | | |
|---|--|--|
| 6. Pla Kung)) £5.95 / £6.95 Thai Prawn Salad with Shallots, Lemongrass and Spring Onion. | | |
| 7. Yam Neur))) £5.95 / £6.95 Spicy Thai Beef Salad with Cucumber, Tomatoes, Celery and Lime Juice | | |
| 8. Yam Kung Yai))) £6.95 / £7.95 Spicy Tiger Prawn Salad with Cucumber, Tomatoes and Lime Juice. | | |
| 9. Yam Woonsen) £5.95 / £6.95 Glass Noodle Salad with Prawns, Cucumber, Tomatoes and Lime Juice | | |
| 10. Larb Moo) £5.95 / £6.95 Minced Pork with Shallots, Thai Herbs and Mint. Served on a bed of lettuce leaves. | | |
| 11. Nam Doc) £5.95 / £6.95 Sliced Pork with Shallots, Thai Herbs, Mint and Roasted Ground Rice. Served on a bed of lettuce leaves. | | |

Main Dishes
 (All dishes include rice - applies to take away only)

| | | |
|--|--|--|
| 12. Gang Kiow Wan (V) £5.95 / £8.85 Green Curry with Coconut Milk, Chicken, Potatoes and sliced Bell Peppers | | |
| 13. Gang Ped))) £5.95 / £8.85 Red Curry with Coconut Milk, Chicken, Green Beans, Bamboo and Chillies | | |
| 14. Gang Gali) £5.95 / £9.85 Yellow Curry with Coconut Milk, Tiger Prawns, Potatoes, Onions and sliced Bell Peppers | | |
| 15. Gang Baa))) £5.95 / £8.85 Jungle Curry with Beef, Green Beans, Baby corn, Ginger and Chillies | | |
| 16. Phad Ka Pow))) £5.95 / £8.25 Stir Fried Minced Pork with Chilli, Thai Basil, Onion and Green Beans | | |
| 17. Khow Phad Moo/Kung Yai £4.95 / £6.95 Pork or Tiger Prawn Fried Rice | | |
| 18. Panang Neur)) £5.95 / £8.85 Beef in Red Curry Sauce | | |
| 19. Phad Nam Man Hoi £5.95 / £8.85 Stir Fried Beef with Onions, Tomatoes and sliced Bell Peppers in Oyster Sauce | | |
| 20. Phad King) £5.95 / £8.85 Stir Fried Ginger with Chicken, Spring Onions, Mushrooms and Sliced Bell Peppers | | |
| 21. Phad-Prig Gang))) £5.95 / £8.85 Stir Fried Chicken in Spicy Curry Sauce | | |
| 22. Phad Nor Mai £5.95 / £8.85 Stir Fried Pork with Bamboo, Egg and Garlic | | |
| 23. Phad Gratiem Prigtai) £5.95 / £8.85 Stir Fried Pork in a Peppery, Garlic Sauce with a touch of Coriander | | |
| 24. Phad Prig) £5.95 / £8.85 Stir Fried Chicken with Onions, Tomatoes, Spring Onions and Chillies | | |
| 25. Phad Nam Prig Pao Guy / Kung Yai £5.95 / £8.85))) Chicken or Tiger Prawns Stir Fried in Roasted Chili Paste with Onions, Spring Onions, Baby Corn and Bell Peppers. | | |

Side Dishes

| | | |
|--|--|--|
| 26. Phad Pac Ruam £4.25 / £4.25 Stir Fried Vegetables with Garlic | | |
| 27. Phad Galam £4.25 / £4.25 Thai style Stir Fried Cabbage with Egg and Garlic. | | |
| 28. Phad Broccoli £4.25 / £4.25 Thai style Stir Fried Broccoli with Garlic in Oyster Sauce. | | |
| 29. Phad Nam Prig Pao Pac)) £4.65 / £4.95 Mix Vegetables Stir Fried in Roasted Chili Paste. | | |
| 30. Phad Prig Gang Pac))) £4.65 / £4.95 Stir Fried Mixed Vegetables in a Spicy Curry Sauce | | |
| 31. Steamed Rice £1.40 / £1.90 | | |
| 31a. Fried Rice £1.70 / £2.20 | | |
| 31b. Sticky Rice £1.70 / £2.20 | | |
| 32. Stir Fried Noodles with Garlic £1.70 / £2.20 | | |

Noodle Dishes

| | | |
|--|--|--|
| 33. Phad Thai £5.25 / £7.25 Noodles Stir Fried with Tomato Sauce, Egg, Bean Sprouts, Green Beans and Spring Onions | | |
| 34. Lat Naa £5.25 / £7.95 Noodles with Chicken, Cauliflower and Mushrooms in a Thai Gravy Sauce | | |
| 35. Phad See U £5.25 / £7.95 Stir Fried Noodles with Pork, Egg, Cabbage, Spring Onion and Bean Sprouts | | |
| 36. Phad Key Mow))) £5.25 / £7.95 Stir Fried Spicy Noodles with Beef, Onions, Green Beans and Thai Basil | | |

Drinks

| | |
|---------------------------|-------|
| Cans of soft drink | £0.60 |
| Bottled Beers | £1.60 |
| Bottle of House Red/White | £7.20 |