## Welcome to the Temple Thai Restaurant

# we aim to do everything we can to help you enjoy your meal with us.

In order to make our dishes as delicious as possible we have stuck to a very simple rule; we've hardly changed it from how it's cooked in Thailand.

We use only fresh ingredients, no frozen\* or tinned\*\* products.

The majority of our ingredients, meat, chicken, fish and vegetables are all locally sourced with just the necessary extras coming from Thailand.

The wonderful taste of Thai food comes from the delicate mix of 4 primary flavours: spicy, salty, sour and sweet. Using traditional mixtures of herbs, chillies and sauces in varying amounts, we can create a wide array of dishes from very spicy, to mild, to no spice at all.

We offer a large selection of Vegetarian and Vegan dishes and hope to be able to meet any needs or requests you may have.

Your children too can enjoy this freshly prepared food. Child portions with changes to suit your kids taste are always available. Please ask our staff if you need advice.

\*except seafood

\*\*except bamboo + coconut milk

We do hope you enjoy your meal and welcome any comments which will help us improve our service to you.

If you like our food and service tell your friends.

If you don't PLEASE tell us.

Thank you for your visit.

Matthew. Bea and the team.

## **Symbol Guide**

N.B. Our food is cooked to authenticThai recipes and dishes that show a 'Very Spicy' symbol are exactly that - Very Spicy!

We do not use Monosodium Glutamte (MSG) in any of our dishes.

## Starters and Soups

#### 1. Tod Man Pla

Our very own home made Spicy Thai Fish Cakes served with a Sweet and Spicy sauce.

£4.95

#### 2. Peak Guy Tod

Deep Fried Marinated Chicken Wings served with a Sweet and Spicy Sauce.

£4.75

#### 3. Po Pia Tod

Our very popular home made Crispy Thai style Spring Rolls served with a Sweet Plum sauce.

£4.95

#### 4. Tom Kha Guy

Creamy Coconut Soup with Chicken, Lemongrass, Mushrooms and Tomatoes.

£4.95

## 5. Tom Yam Kung ) ) )

Spicy Tiger Prawn Soup with Mushrooms, Tomatoes and Lime Juice. f5.95

#### S1. Khow Tom

Rice Soup with Minced Pork. £4.95

#### S2. Gah Dook Moo Tod

Deep Fried Marinated Spare Ribs. £4.75

## S3. Kung Chup Pang Tod

Tiger Prawns in Crispy Batter served with Sweet Chilli Sauce.

£4.95

### S4. Pac Chup Pang Tod

Vegetables in Crispy Batter served with Sweet Chilli Sauce. £4.75

#### **S5.** Mixed Starter

Selection of Delicious Starters including; Spring Roll, Fish Cake, Chicken Wing, Prawns and Vegetables in Crispy Batter

For 2 - £9.95

For 4 - £19.90

## Thai Salads

## 6. Pla Kung

Thai Prawn Salad with Shallots, Lemongrass and Spring Onion.
£6.95

### 7. Yam Neur

Spicy Thai Beef Salad with Cucumber,
Tomatoes and Lime Juice
£6.95

## 8. Yam Kung Yai

Spicy Tiger Prawn Salad with Cucumber,
Tomatoes and Lime juice.
£7.95

## 9. Yam Woonsen

Glass Noodle Salad with Prawns, Cucumber, Tomatoes and Lime Juice £6.95

## 10. Larb Moo 🐧

Minced Pork with Shallots, Thai Herbs and Mint. Served on a bed of Lettuce leaves. £6.95

## 11. Nam Doc

Sliced Pork with Shallots, Thai Herbs, Mint and Roasted Ground Rice. Served on a bed of Lettuce leaves.

£6.95

## Main Dishes

### 12. Gang Kiow Wan

Green Curry with Coconut Milk, Chicken, Potatoes and sliced Bell Peppers
£9.85

### 13. Gang Ped

Red Curry with Coconut Milk, Chicken, Green Beans, Bamboo and Chillies
£9.85

### 14. Gang Gali

Yellow Curry with Coconut Milk, Chicken / Tiger Prawns, Potatoes, Onions and sliced Bell Peppers £9.85 / £10.85

## 15. Gang Baa ) ) ) )

Jungle Curry with Beef, Green Beans, Baby corn, Ginger and Chillies £9.85

## 16. Phad Ka Pow

Stir Fried Minced Pork with Chilli, Thai Basil, Onion and Green Beans £9.25

### 17. Khow Phad Moo / Kung Yai

Pork or Tiger Prawn Fried Rice £7.95 / £8.95

#### 18. Panang Neur

Beef in Red Curry Sauce £9.85

#### 19. Phad Nam Man Hoi

Stir Fried Beef with Onions, Tomatoes and sliced Bell Peppers in Oyster Sauce £9.85

#### 20. Phad King

Stir Fried Ginger with Chicken, Spring Onions, Mushrooms and Sliced Bell Peppers £9.85

## 21. Phad Prig Gang

Stir Fried Chicken in a Spicy Curry Sauce £9.85

#### 22. Phad Nor Mai

Stir Fried Pork with Bamboo, Egg and Garlic £9.85

#### 23. Phad Gratiem Prigtai

Stir Fried Pork in a Peppery, Garlic Sauce with a touch of Coriander £9.85

## 24. Phad Prig

Stir Fried Chicken with Onions, Tomatoes,
Spring Onions and Chillies
£9.85

### 25. Phad Nam Prig Pao Guy / Kung Yai

Chicken or Tiger Prawns Stir Fried in Roasted Chilli Paste with Onions, Spring Onions, Baby Corn and Bell Peppers. £9.85 / £10.85

M1. Jum Special - Gang Khor Tai

Very, Very Spicy Stir Fried Pork from our Chefs Home Town £9.85

#### M2. Phad Beow Wan

Sweet and Sour Pork or Tiger Prawn, Stir Fried with Fresh Pineapple £9.85 / £10.85

#### M3. The Temple Thai Omelette

Thai Style Omelette with Minced Pork and Vegetables
(Spicy or Non-Spicy)
£7.95

## Side Dishes

#### 26. Phad Pac Ruam

Stir Fried Vegetables with Garlic £4.95

#### 27. Phad Galam

Thai style Stir Fried Cabbage with Egg and Garlic. £4.95

#### 28. Phad Broccoli

Thai style Stir Fried Broccoli with Garlic in Oyster Sauce. £4.95

## 29. Phad Nam Prig Pao Pac

Mixed Vegetables Stir Fried in Roasted Chilli Paste.

£5.65

## 30. Phad Prig Gang Pac )))

Stir Fried Mixed Vegetables in a Spicy Curry Sauce.

£5.65

#### 31. Steamed Rice

£2.20

#### 31a. Fried Rice

£2.50

#### 31b. Sticky Rice

£2.50

#### 32. Stir Fried Noodles with Garlic

£2.50

## **Noodle Dishes**

#### A1. Qway Diow Nam

Chicken Noodle Soup £7.95

#### 33. Phad Thai

Noodles Stir Fried with Tomato Sauce, Egg, Bean Sprouts,
Green Beans and Spring Onions
£8.25

#### 34. Lat Naa

Noodles with Chicken, Cauliflower and Mushrooms in a Thai Gravy Sauce £8.95

### 35. Phad See U

Stir Fried Noodles with Pork, Egg, Cabbage, Spring Onion and Bean Sprouts £8.95

## 36. Phad Key Mow

Stir Fried Spicy Noodles with Beef, Onions,
Green Beans and Thai Basil
£8.95

Restaurant

## **Restaurant Specials**

## R1. Pla Latt Prig

A Fillet of Haddock Wok Fried and topped with a Sweet and Spicy Sauce. £11.10

## R2. Pla Neung See U

A Fillet of Haddock Steamed and topped with a Light Dressing of Ginger and Coriander. £11.10

## R3. Pla Panang ))

A Fillet of Salmon Wok Fried and topped with a Creamy Curry Sauce. £11.10

### R4. Kung Yai Phad Gali

Tiger Prawns Stir Fried in Yellow Curry Powder with Onions, Celery, Spring Onions and Bell Peppers.

£11.10

## R5. Bhoo Phad Gali

Crab Stir Fried in Yellow Curry Powder with Onions, Celery, Spring Onions and Bell Peppers.

(subject to availability) £12.50

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## Non - Meat / Vegetaian Dishes

37. Tod Man Pla ) ( 🗸 🖙 )

Our very own home - made Spicy Thai Fish Cakes served with a Sweet and Spicy Sauce £4.95

38. Po Pia Tod (V)

Our very popular home - made, Crispy Thai style Spring Rolls served with a Sweet Plum Sauce. £4.95

39. Tom Kha Jai ( V / VE )

Creamy Coconut Soup with Tofu, Lemongrass, Mushroom and Tomatoes.

£4.95

40. Tom Yam Kung ) ) ) ( 🏏 🛶 )

Spicy Tiger Prawn Soup with Mushrooms, Tomatoes and Lime Juice.

£5.95

41. Pla Kung )) ( V 🕦 )

Thai Prawn Salad with Shallots, Lemongrass and Spring Onion.

£6.95

42. Yam Kung Yai ))) ( V 🖚 )

Spicy Thai Tiger Prawn Salad with Cucumber, Tomatoes and Lime Juice £7.95

43. Yam Woonsen Jai ) ( V/ VE )

Glass Noodle Salad with Cucumber, Tomatoes Mushroom and Lime Juice £6.25

44. Gang Kiow Wan Jai )) ( V 🖚 )

Green Curry with Coconut Milk, Tofu, Potatoes, Green Beans, Bamboo and Bell Peppers.

£9.85 **45. Gang Ped Jai )))** (**V )** 

Red Curry with Coconut Milk, Tofu, Mushrooms, Green Beans, Bamboo and Chillies.

46. Gang Gali Jai ) ( **V** / **VE** )

Yellow Curry with Coconut Milk, Tofu, Cauliflower, Potatoes, Onions and Bell Peppers. £9.85

47. Gang Baa Jai ) ) ) ( 🗸 🗯 )

Jungle Curry with Bamboo, Tofu, Green Beans, Baby Corn, Bell Peppers, Ginger and Chillies.

£9.85

## 48. Phad Pac Ruam ( V / VE )

Stir Fried Mixed Vegetables with Garlic

£4.95

## 49. Kow Phad Jai ( )

Vegetable Fried Rice.

£7.95

### 50. Phad Thai ( 🕶 )

Noodles Stir Fried with Tomato Sauce, Egg, Beansprouts, Green Beans and Spring Onions. £8.25

## 51. Lat Naa Jai ( V/ VE )

Noodles with Tofu, Cauliflower, Mushrooms and Baby Corn in a Thai Gravy Sauce. £8.95

## 52. Phad King Jai \(\varphi/\vert \mathbb{V} = \)

Stir Fried Ginger with Broccoli, Tofu, Spring Onions, Mushrooms and Bell Peppers. £9.85

## 53. Phad Galam ( 🕶 )

Thai style Stir Fried Cabbage with Egg & Garlic

£4.95

## 54. Phad Broccoli ( V / VE )

Thai style stir fried Broccoli with Garlic in Oyster Flavoured Sauce £4.95

## 55. Phad Key Mow Jai **) ) )** ( **√** / **VE** )

Stir Fried Spicy Noodles with Tofu, Mushrooms, Baby Corn, Green Beans, Onion and Thai Basil,

£8.95

## 56. Phad Prig Jai ) (V/VE)

Stir Fried Onions, Tomatoes, Tofu, Chillies, Mushroom, Spring Onions and Broccoli. £9.85

## 57. Phad Nam Prig Pao Jai

Mix Vegetables Stir Fried in Roasted Chilli Paste

£5.65

## 58. Phad Prig Gang Jai

Stir Fried Mixed Vegetables in a Spicy Curry Sauce.

£5.65 **59. Phad See** U Jai

Stir Fried Noodles with Egg, Tofu, Cabbage, Spring Onions and Beansprouts. £8.95

60. Tom Yam Jai

A Spicy and Sour Soup with Tofu, Lemongrass, Mushroooms and Tomatoes.

## Desserts

#### 61. Khow Neow Mamung

Slices of fresh Mango/Melon served with Sticky Rice and topped with Sweet Coconut Sauce £4.85

62. Fresh Fruit Salad

£3.85

63. The Temple Thai Banana Split

£4.45

64.Banana Fritters with Vanilla Ice Cream

£4.45

65. English Lakes Vanilla or Strawberry Ice Cream

£3.25

65a. Lime / Mango / Orange Sorbet

£3.85

## Under 12's

These dishes are for children 12 years old and under

#### 66. Phad Thai (V)

Noodles Stir Fried with Tomato Sauce, Egg, Bean Sprouts, Green Beans and Spring Onions £3.95

#### 67. Khow Phad Moo / Kung Yai / Tofu

Pork, Tiger Prawn or Tofu Fried Rice £3.95 / £4.95 / £3.95 (V) option available

#### 68. Phad Nam Man Hoi

Stir Fried Beef with Onions, Tomatoes and sliced Bell Peppers in Oyster Sauce Served with rice.

£4.25

#### 69. Guy Phad Pac

Chicken Stir Fried with Vegetables Served with rice.

£4.25

## Set Thai Banquets

#### For 2 people - £32.00

Mixed Starter

Green Curry with Chicken \* Phad Thai Noodles \*
Stir Fried Mixed Vegetables \* Steamed Rice

#### For 4 people - £64.00

Mixed Starter & Very Spicy Prawn Soup

Yellow Curry with Tiger Prawns \* Stir Fried Chicken with Ginger \* Spicy Stir Fried Minced Pork \* Phad Thai Noodles \* Stir Fried Mixed Vegetables \* Steamed & Fried Rice

### For 6 people - £92.00

Mixed Starter

Red Curry with Chicken \* Yellow Curry with Tiger Prawns \*
Beef in Oyster Sauce \* Thai Style Minced Pork Salad
\* Chicken Stir Fried in Roasted Chilli Paste \* Phad Thai Noodles
\* Stir Fried Mixed Vegetables \* Steamed & Fried Rice

#### Vegetarian Banquet for 2 people - £32.00

Spring Rolls & Coconut Soup

Yellow Curry with Tofu \*
Stir Fried Ginger with Tofu
\* Stir Fried Mixed Vegetables \* Steamed Rice